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## GRASSROOTS DEVELOPMENT PROGRAMS

### Colombian Federation of Electronic Sports (FEDECOLDE)

Reporting Period: January – December 2025

#### 1. PROGRAM OVERVIEW

In 2025, the Colombian Federation of Electronic Sports (FEDECOLDE) strengthened its grassroots strategy as a foundational pillar for long-term esports development. The program focused on early-age athlete identification, structured training, and holistic development under supervised and professional standards.

The Grassroots Program aims to:

- Promote responsible and structured esports participation
- Develop foundational competitive skills
- Integrate health and well-being into esports training
- Identify emerging youth talent
- Provide safe and inclusive learning environments

#### 2. ARENA GAMER COMFANDI – SPORTS ACADEMY PROGRAM

A key milestone in 2025 was the implementation of the Esports Sports Academy at:

Comfandi – Arena Gamer Facility

This initiative represents one of the first structured esports grassroots academies in Colombia operating under a multidisciplinary model.

Con el apoyo de:



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### 3. MULTIDISCIPLINARY TRAINING MODEL

The Arena Gamer Comfandi Academy integrated professional sports support services, including:

#### *Sports Psychologist*

- Mental resilience training
- Focus and emotional regulation
- Team communication development
- Healthy competition mindset

#### *Nutritionist*

- Nutritional education workshops
- Healthy gaming lifestyle guidance
- Hydration and performance awareness
- Parent-oriented dietary education sessions

#### *Physical Trainer*

- Posture and ergonomics training
- Injury prevention exercises
- Physical conditioning adapted to esports
- Active break routines and mobility sessions

This integrated approach aligns esports development with traditional high-performance sports standards.

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#### 4. PARTICIPATION & IMPACT

During 2025:

- Over 100 children participated in the Academy Program
- Age range: 10–17 years old
- Weekly supervised training sessions
- Structured seasonal evaluation system
- Parent engagement and orientation workshops

The program ensured:

- Safe and monitored environments
- Screen-time balance education
- Social integration through team competition
- Emphasis on academic responsibility

#### 5. DEVELOPMENT STRUCTURE

The Grassroots Academy followed a progressive curriculum:

Phase 1 – Introduction to Competitive Esports

- Fundamental mechanics
- Teamwork principles
- Digital citizenship

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### Phase 2 – Structured Team Play

- Tactical development
- Communication systems
- Role specialization

### Phase 3 – Performance Evaluation

- Internal scrimmages
- Supervised tournaments
- Individual feedback sessions

Participants showing competitive potential were referred to advanced Federation programs.

## 6. COMMUNITY & SOCIAL IMPACT

The Arena Gamer Comfandi initiative contributed to:

- Youth engagement in structured extracurricular activities
- Reduction of unsupervised gaming habits
- Promotion of healthy digital culture
- Inclusion of both male and female participants
- Strengthened family involvement

The model demonstrates how esports can operate as a regulated youth development platform rather than informal entertainment activity.

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## 7. STRATEGIC VALUE FOR NATIONAL DEVELOPMENT

The Grassroots Program supports:

- Long-term athlete pipeline development
- Alignment with national youth sport policies
- Integration of health professionals in esports
- Early talent detection
- Social impact and community engagement

This initiative positions the Federation as a responsible governing body committed to structured and safeguarded esports growth.

## 8. OUTLOOK 2026

For 2026, the Federation aims to:

- Expand the Arena Gamer Academy model to additional regions
- Increase participation to 250+ youth athletes
- Implement standardized evaluation metrics
- Establish inter-academy youth tournaments
- Formalize youth coach certification pathways

## CONCLUSION

The 2025 Grassroots Program, centered at Arena Gamer Comfandi, represents a pioneering step in integrating esports into structured youth sport development. By combining technical training with psychological, nutritional, and physical preparation, the Federation has created a sustainable and responsible pathway for the next generation of Colombian esports athletes.

Con el apoyo de:



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